

I N D E X

- Abandonment, 136, 149, 151
Abdulai, Sohaila, 39–40, 195
Accidents, suspicious, 95
Adaptation, 34, 99–100, 110, 160; and adaptive spirals and self-esteem, 216; and child abuse, 96
Adler, Gerald, 108–9
Adolescence, 52, 54–55, 97, 110, 205–6
Adrenaline, 39, A2
Aetiology of Hysteria, The (Freud), 13–14, 18
Agger, Inger, 159, 181, 182
Agoraphobia, 124
Alcoholics Anonymous, 220–21
Alcoholism, 46, 78, 113, 123; and group treatment models, 220–21; and safety, 173
Alienation, 52, 95
American Psychiatric Association, 28, 33, 117–18, 120–21
Amnesia, 7, 11, 26, 45, 97. *See also* Memory
Amnesty International, 73–74
Analgesia, 43
Anesthesia, 109, 146
Anna O. *See* Pappenheim, Bertha
Annihilation, threat of, 50, 108–9
Anorexia, 97, 139. *See also* Eating disorders
Antiwar movement, 26, 27–28, 199–200
Anxiety, 108–9, 111; and combat neurosis, 36, 50; and diagnosis, 118, 119, 122; and flooding techniques, 182; and hostages, 48; and intimacy, regulation of, 56; and naming the problem, 157
Appel, J. W., 25
Arendt, Hannah, 73, 75, 209–10
Argentina, 88
Attachment, symbols of, 81–82
Auschwitz-Birkenau, 83–84. *See also* Nazi concentration camps
Authoritarianism, 75, 126
Authority figures, 111–12
Autonomy, 110, 133, 134, 135; and captivity, 77–78; and child abuse, 107; and reconnection, 205; reestablishment of, 63, 65–66; and safety, 168; and sense of self, 52–53, 65–66
BAD FEARS (acronym), 120
Badness, sense of inner, 103–5
Beebe, G. W., 25
Benzodiazepenes, 161
Berthold, Paul. *See* Pappenheim, Bertha
Betrayal, 98, 100, 111
Blame, 68, 101; and child abuse, 103–4; and veterans, 199–200; of the victim, 115–16, 116–17, 193
Bliss, Eugene, 146
Borderline personality disorder, 123, 124–26, 136, 139, 147
Boreman, Linda [pseud. Linda Lovelace], 80, 84, 93, 204
Boston Area Rape Crisis Center, 218–19
Boston City Hospital, 31
Boundaries, and the therapy contract, 147, 149–51
Bourneville, Desiré, 16
Brainwashing, 115, 116
Breuer, Joseph, 12, 13, 17–18, 19, 177
Briere, John, 122–23
Briquet, Paul, 125
Britain, 9, 17, 20. *See also* England
Brownmiller, Susan, 30
Bryer, Jeffrey, 122
Buber, Martin, 19
Buel, Sarah, 209, 211
Buie, Dan, 143
Burgess, Ann, 31, 48, 63, 73

- Cain, 66
- Captivity, 74-95, 115; and post-traumatic stress disorder, 122, 158; and safety, 166. *See also* Nazi concentration camps; Political prisoners
- Card, Josefina, 44, 63
- Carmen, Elaine (Hilberman), 86, 107
- Catharsis, 12, 71, 172, 174, 181
- Catholic Church, 15
- Change, willingness to, 168
- Charcot, Jean-Martin, 10-12, 15-17, 125
- Child abuse, 38, 39, 60-61, 96-114; and the abusive environment, 98-101; and attacks on the body, 108-10; and captivity, 74-75, 76, 83; and the child grown up, 110-14; and commonality, 215; and complex post-traumatic stress disorder, 121; and diagnosis, 119, 122-29; and the double self, 103-7; and doublethink, 101-3; and the family rule of silence, 200-201; and group treatment models, 233, 235; and psychiatric patients, 122; and reconnection, 196, 204; and reconstructing stories, 180; and resolution of the trauma, 212; and safety, 166; and the therapist's support system, 150, 152; and transference, 139-40, 143-44, 146-47. *See also* Sexual abuse
- Children: abuse survivors' engagement with, 206-7; forbidden games of, 39; kidnapping of, 46-47, 57. *See also* Child abuse
- Chile, 182, 183
- Christian Science, 16
- Chronic trauma syndrome, 86-95
- Civil protection orders, 173
- Coercion, 61, 65, 89, 126; and captivity, 74-77, 79, 80-81, 83, 85, 89-90, 93-94, 95; "chart of," published by Amnesty International, 76; and child abuse, 99, 114; and diagnosis, 115, 116; and safety, 168, 171. *See also* Control
- Combat neurosis, 23-28, 35; abreactive treatment of, 181; and constriction, 46; and fixation on trauma, 37; and flooding techniques, 181-87; and hypnosis, 25-26; and hysteria, 20-23, 24; and impacted grief, 69-70, 71; and mourning, 188-89, 191-94; and physionurosis, 35; and the range of ordinary experience, 33, 34; and reconstructing stories, 177, 181; of the sex war, 28-32; and suicide, 50. *See also* Stress disorder, post-traumatic
- Combat veterans. *See* Veterans
- Commonality, 214-36
- Communication: "back channel" of, 177; and reconstructing stories, 177
- Community, 55-56, 70-73
- Compassion, 69, 79, 180, 204, 215-16
- Compensation, 190-92
- Competence, 133, 157
- Complementarity, 223-24
- "Completion principle" (Horowitz), 41
- Compliance, 77, 100
- Complicity, 104-5, 116
- Comprehensive Textbook of Psychiatry*, 33
- Concentration camps. *See* Nazi concentration camps; Southeast Asian refugees
- Confidentiality, 28-29, 148, 220
- Connection, 34-35, 51-73, 84, 133, 155; and commonality, 214-36; and community, 70-73; and the damaged self, 52-57; loving, and mourning, 194; to the past, 89; re-, 155, 156, 196, 218, 233-36; and resolution of the trauma, 211-13; sense of, and resiliency under stress, 59; and social support, effect of, 61-70; and transitional objects, 81
- Conscience, prisoners of, 78, 79-82, 84-86, 93, 115, 208
- Consciousness-raising, 28-29, 67
- Constriction, 35, 176
- Control, 115, 134; and captivity, 74-77, 79, 80-81, 83, 85, 89-90, 93-94, 95; and child abuse, 96, 99-100; and intimacy and aggression, 63, 64; locus of, and the remembrance stage, 186-87; and rape, 30, 53, 54, 58-59, 65, 72-73; and reconnection, 197; and safety, 165, 167-68; and therapeutic contracts, 148, 149; and the use of medications, 161. *See also* Autonomy; Coercion
- Coons, Philip, 114
- Creativity, 97, 230-31
- Credibility, 2, 8, 152. *See also* Truth
- Crime victims, community study of, 47-48
- Criminal reporting, 165
- Crisis intervention, 162, 165, 218; and group treatment models, 219; and safety, 166
- Daily logs, 160. *See also* Journal-keeping
- Danieli, Yael, 135, 141, 216, 231
- Dawidowicz, Lucy, 115-16
- Dead, mutilation of, 59
- Death, 33, 57, 66-67, 98, 100, 137; and constriction, 46; instinct, 41; and integrity, 154; and survivor guilt, 54. *See also* Murder; Suicide
- Debriefings, 219
- Delivery rituals, 182
- Democracy, 28, 32
- Demonic possession, 15, 97, 105, 114-15
- Denial, 1, 87, 101; and consciousness-raising, 28-29; and reconstructing stories, 180, 181; social as well as individual, 2, 9
- Denmark, 48, 182
- Depression, 50, 94; and child abuse, 108-9, 111; and diagnosis, 155, 118-19, 122, 124; and the flooding treatment, 183-84; and naming the problem, 157; and post-traumatic stress dis-

- Integrity, 153–54, 188, 193
 International Congress for the Rights of Women, 16–17
 International Classification of Diseases, 120–21
 International Tribunal on Crimes Against Women, 29
 Intimacy, 28–29, 56, 114, 123, 133; and child abuse, 97, 101, 110, 111; and commonality, 215–16; and group treatment models, 235; and rape, 63; and reconnection, 205, 206; and safety, 174; and somatization disorder, 125; and traumatic countertransference, 143; and violence, 31
 Intrusion, 35, 37–42, 157, 161, 176, 183
 Intuition, 151
 Israel, 89
- James, William, 10, 16
 Janet, Pierre, 10, 11, 18, 37, 107; and the concept of recovery, 155, 156; dissociation in, 34–35; and Kardiner, 24; on need to assimilate traumatic experience, 41; on post-traumatic amnesia, 45; on trance states, 43–44; on traumatic memory, 37
 Jensen, Soren, 159, 181, 182
 Jensen, Dave, 38
 Jews, 19, 115–16. *See also* Nazi concentration camps
 Journal-keeping, 169. *See also* Daily logs
 Judgment, 161, 178; and captivity, 84; and child abuse, 111; and reconstructing stories, 178; and safety, 166; and sense of connection, 66–67
 Justice, 72–73, 135, 178; and mourning, 190; and safety, 160, 165; and survivor missions, 209–10
- Kardiner, Abram, 23–26, 28; and damage to survivors' faith, 55; on essential pathology of combat neurosis, 35; fixation on trauma in, 37; physioneurosis in, 35–36; on post-traumatic amnesia, 45–46; on revival of symptoms, 48; on role of therapist, 134, 135–36; *Traumatic Neuroses of War*, 24, 35, 241*n*6, *n*8, 243*n*52, 243*n*58, 244*n*65, 258*n*3, *n*8, 245*n*18
 Keane, Terence, 64, 148, 177
 Kernberg, Otto, 136, 139, 147
 KGB, 79, 82
 Kidnapping, 46–47, 57, 92
 Kluff, Richard, 99–100, 187
 Kolb, Lawrence, 36, 119
 Kolk, Bessel van der, 39, 44, 242*n*26, 243*n*59, 247*n*43, 254*n*32
 Korean War, 87
 Krystal, Henry, 84, 143, 145
- Lateau, Louise, 16
 Legal system, 72–73, 165
 Lessing, Doris, 37–38, 49
 Levi, Primo, 89, 95, 214–15
 Lifecycle, 51–52, 61; and mourning, 195; and resolution of the trauma, 211–13
 Lifton, Robert Jay, 26–27, 38, 45, 52, 199–200
 Lister, Eric, 136–37
 Lithium, 161
 Lourdes, shrine at, 16
 Love, 81, 92, 191; -bombing technique, 82–83; and captivity, 75, 79, 84; and child abuse, 111–12; and commonality, 215–16; and mourning, 189–90, 194; and the therapy contact, 147; undestroyed capacity for, clues to, 194
 Lovelace, Linda. *See* Boreman, Linda
 Loyalty, 79, 83–84, 92, 100, 115
 Luck, sense of, 60
- MacKinnon, Catherine, 72
 "Magic bullet," 156
 Maltzberger, John, 143
 Manichean theory, 41
 Martyrdom, 106
 Marxism, 159
 Masochism. *See* Sadomasochism
 Masochistic personality disorder, 117, 120, 140–41, 144
 Mastery, 42, 198
 Maturity, 153–54
 Medications, 25–26, 44, 161, 186–87
 Meditation, 88
 Memory, 96, 175, 177, 181–82; acknowledged, shift from dissociated trauma to, 155; and child abuse, 110, 111–12; and combat neurosis, 23, 25–26; and constriction, 46; and dissociation, 34–35; and doublethink, 87–88; and hysteria, 12; and intrusion, 37–38, 41; and mental schema, 41; and resolution of trauma, 213; and testimony techniques, 181–82; and transitional objects, 150. *See also* Remembrance stage
 Mental health system, 122–29, 157, 160
 Middle East, 19
 Mirroring, 215–16
 Mission, survivor, 207–11
 Mohamed, Elaine, 88
 Mollica, Richard, 144, 181, 217
 Money, control of, 80
 Moore, Shirley, 185
 Morality, 7, 16, 84, 115, 135, 158–59; and the anti-war movement, 27–28; and captivity, 83; and combat neurosis, 21, 25; and mourning, 193; and rape, 57–58; and reasonable assessments of

- conduct, 68; and reconstructing stories, 178; and recovery, 66; and veterans who did not develop post-traumatic stress disorder, 59
- Morphine, 44. *See also* Endogenous opioids
- Mother, "good-enough," 136
- Mourning, 155–56, 175–95; groups for, 218, 221–33; and traumatic countertransference, 144
- Multiple personality disorders, 126, 128–29, 155; and diagnosis, 123, 124, 157; and the stages of recovery, 156; and transference, 139, 140, 141–42, 146
- Murder, mass, 115–16; survivor of an attempted, 60; taboo of, 66; threats of, 33, 77, 82, 98, 135–38, 140–41, 142, 144–45, 154. *See also* Death
- Myers, Charles, 20
- Names, changing of, 93
- Naming, and reconstructing stories, 179
- Narcosynthesis, 25
- Narcotics, 44. *See also* Endogenous opioids; Morphine
- Nash, James, 216
- National Institute of Mental Health, 30
- National Organization for Women, 29
- National Vietnam Veterans Readjustment Study, 44, 57, 63, 246n25
- Nazi concentration camps, 3, 8, 83–88, 90–95, 214–17, 231; and captivity, 74, 76, 79, 83–84, 95; and commonality, 214–15, 216; and complex post-traumatic stress disorder, 119–20, 121–22; and debate regarding the passivity of Jews, 115–16; and dehumanization, 93, 94; and domestic violence, 119–20; and double consciousness, 90; and group models, 231; and guilt, 145; and the impulse to play God, 143; and mourning, 135, 188, 194–95; and murder, 135; and robotization, 84–85; and silence, 93; and time sense, 89; and transference, 138, 139, 141–45; and truth, 86, 87
- Negativism, 21
- Nervous breakdowns, 50
- Nervous symptom, 36, 38–39, 161
- Neutrality, technical, 135
- New York Radical Feminists, 29
- Niederland, William, 94, 120
- Nightmares, 35–37, 44, 86, 87, 97; and flooding treatment, 183–84; and intrusion, 37, 39; and rape, 56; and traumatic countertransference, 140–41. *See also* Dreams
- 1984 (Orwell), 76
- Normality, preserving the appearance of, 110
- Norman, Michael, 27, 63, 207
- Norway, 158
- Numbness, 1, 146, 151; and constriction, 42, 45; and dialectic of trauma, 47, 48–49; and naming the problem, 157; and substance abuse, 44
- Obedience, 100, 103, 105
- Object(s): constancy, 125; transitional, 150
- O'Brien, Tim, 38, 52, 137
- Oil rigs, 158
- Omnipotence, 77, 151
- Operation Outreach, 27
- Opiates, 44. *See also* Endogenous opioids; Morphine; Narcotics
- Orwell, George, 1, 73, 76, 87–88. *See also* Doublethink; 1984
- Owen, Wilfred, 183
- Pacifism, 23
- Pandora's box, 114
- Pappenheim, Bertha [pseud. Anna O.; Paul Berthold], 12–13, 17–18, 19–20
- Paranoia, 106, 122, 145
- Parson, Erwin, 222
- Partnoy, Alicia, 88
- Passivity, 43, 115–16, 159
- Patriarchy, 19
- Patriotism, 18
- Payment, of therapists, 148
- Personality disorders, 3, 114, 128; borderline, 123, 124–26, 136, 139, 147; masochistic, 117, 120, 140–41, 144. *See also* Multiple personality disorders
- Personality organization, 102–7, 117, 156
- Phobias, 118, 122, 124
- Physioneurosis, 35, 126, 231, 160, 183
- Pitman, Roger, 44
- Play, post-traumatic, 39
- Policemen, 92
- Political prisoners, 3, 75–80, 84–89, 99; and commonality, 215; and mourning, 192; and naming the problem, 159; prisoners-of-war, 74–75, 87, 115, 121; and reconnection, 196; and reconstructing stories, 181; and safety, 172; and traumatic transference, 138. *See also* Nazi concentration camps
- Pornography, 30, 76, 79, 84, 93, 204
- Post-traumatic stress disorder. *See* Stress disorder, post-traumatic
- Power, 41, 103, 133, 134, 135; and child abuse, 98–99, 100, 101, 105; and sense of self, 52, 53–54. *See also* Empowerment
- Prayer, 87
- Pride, 83, 158–59

- Prisoners-of-war, 74–75, 87, 115, 121
- Propranolol, 161
- Prostitutes, 10, 76, 84, 90, 93; and captivity, 80; censure of, 115; and child abuse, 101
- Protection, 52
- Psychoanalysis, coining of the term, 12
- Psychodrama, 186–87
- Psychological analysis, 12
- Psychopathology, concepts of, 75
- Psychoticism, 122
- Punishment, 99, 101
- Purpose, sense of, 93
- Putnam, Frank, 125, 139, 141, 156
- Rap groups, 26–27, 28–29, 199–200
- Rape(s), 3, 49–50, 59, 61, 111–12; acquaintance, 31; and blaming victim, 68–69; and captivity, 78; and commonality, 215; and consciousness-raising, 28–29, 67–68; and constriction, 42, 43, 46; crisis centers, 73; and dissociation, 43; and feminism, 30–32; and group treatment models, 218–19; and intimacy, 56, 63; marital, 31, 78; and mourning, 195; and personality organization, 103; and post-traumatic stress disorder, 57–58, 60; and range of ordinary experience, 33; and reconnection, 199; and reconstructing stories, 179–80; and resilient characteristics, 59–60; and safety, 62, 160–61, 162–63, 164–66; and self-regulation, 65; and sense of self, 51, 53, 56; and social judgment, 67; and social support, 62–63, 67–68; and state of surrender, 42; statistics on incidences of, 30, 72; survivors, community study of, 47–48; and traditional socialization, 69; and traumatic countertransference, 147
- Ratushinskaya, Irina, 77–78
- Reconciliation phase, 79
- Reconstruction, of stories, 175, 176–81
- Relaxation, 160, 182
- Religious experience, 51, 78, 91; and captivity, 74–75; and child abuse, parallels between, 99, 106; and complex post-traumatic stress disorder, 121; experience of religious ecstasy, 15–16; and love-bombing technique, 82–83; and safety, experience of, 51, 52
- Remembrance stage, 155, 156, 175–95; groups for, 218, 221–33; and reconstructing stories, 175, 176–81; and transforming traumatic memory, 181–87
- Repetition, 41–42, 110–11
- Repression, 2, 9, 175–76
- Republican politics, 9, 15–16
- Rescue, 111, 136, 142–43, 152
- Resistance to coercive control, 78, 79, 95, 100, 104, 115
- Responsibility, 70, 101, 114; and mourning, 193; and reconnection, 200; and reconstructing stories, 178; and safety, 166; and traumatic countertransference, 145; and veterans who did not develop post-traumatic stress disorder, 59. *See also* Morality
- Revenge, 104, 189–90
- Rewards, 98
- Rhodes, Richard, 110, 212, 235
- Richer, Paul, 16
- Richet, Charles, 16
- Rieker, Patricia, 107
- Rights, women's, 16–17, 72–73
- Risks, 40, 92, 109, 166; and rape, 69; and veterans who did not develop post-traumatic stress disorder, 59
- Rivers, W. H. R., 21, 22, 23, 25
- Robotization, 84–85
- Rosencof, Mauricio, 90–91
- Rule(s), 98, 99, 202; of silence, 200–201; and the therapy contact, 147, 148, 149–50
- Russell, Diana, 30, 111–12, 249#9, 254#36
- Russell, Paul, 41–42
- Sadomasochism, 98, 112, 117, 172; and masochistic personality disorders, 117, 120; and multiple personality disorders, 125; and the re-creation of an ideal self, 203
- Safety, 62, 100, 107, 155–74; and child abuse, 101, 111; and combat neurosis, 36; completing the first stage of, 172–74; and constriction, 46; and establishing a safe environment, 162–72; groups for, 218–21; and naming the problem, 156–59; and other stages of recovery, 156; and post-traumatic stress disorder, 18; and reconnection, 196, 197; and restoring control, 159–61; sense of, early acquisition of, 51–52; and social support, 61–62, 63; and traumatic countertransference, 147
- Sarachild, Kathie, 29
- Sassoon, Siegfried, 21–23, 25–26
- Satanic cults, 180
- Scapegoating, 103–4
- Schatzow, Emily, 222, 224
- Schemata, inner, 41, 51
- Schizophrenia, 124
- Searles, Howard, 146–47
- "Seasoning" technique, 76
- Sebold, Alice, 51
- Secrecy, 1, 8, 28–29; and child abuse, 96, 98, 100, 114; and commonality, 215; and group models, 233
- Self, 42, 51–73, 103–9, 220; and captivity, 77; -defense, 34, 42, 197–98, 201, 234; development

- of, and the stages of recovery, 156; -esteem, 82-83, 167, 213, 216, 232; "false," 110; -injury, 109-10, 113, 123, 160, 166; inner representations of, splitting of, 125; and inner schemata, 41, 51; reconciliation with, 202-5; and reconnection, 196-97; -regulation, 63-65, 101, 108-10; -reliance, 69; restoration of, 65-66, 231; -sacrifice, 106; survivor, celebration of, 204
- Sexism, 117**
- Sexual abuse, 28-32, 78, 83, 91, 111-12; and complex post-traumatic stress disorder, 121; and diagnosis, 122; and enforced complicity, 104-5; and hysteria, 2, 13-14, 18-19; and mourning, 190-91; and political movements, 9-10; and psychiatric patients, 122; public acknowledgment of, 72; and rape, 31; and reconnection, 197, 206; and safe-sex guidelines, 206; and safety, 166-67, 171-72; and self-blame, 104; and self-regulation, 64-65; statistics on incidences of, 30; and the range of ordinary experience, 33; and flooding treatment, 184-85**
- Sexuality, and compulsive sexual behavior, 109-10; and sexual disfunction, 97, 122-23; and traumatic countertransference, 143. See also Sexual abuse**
- Shalev, Arieh, 187
- Sharansky, Natan, 79, 82, 208
- Shatan, Chaim, 26-27, 69-70
- Shengold, Leonard, 107, 144, 193-94
- Silencing, 9, 28, 93, 108, 200-201
- Simone, Sharon, 40, 185, 210
- Slavery, 74, 75-76, 101
- Sleep disturbances, 36, 37, 62; and captivity, 78; and child abuse, 108; insomnia, 119, 122-23; and naming the problem, 157; and safety, 160, 161; and substance abuse, 44. *See also* Nightmares
- Smith, Ken, 40, 46, 71, 209, 215
- Smith, Septimus, 49, 52
- Soalt, Melissa, 198, 234
- Social welfare, 160
- Sodium amytal, 25-26, 186-87
- Soldier's Declaration* (Sassoon), 21-23
- Somatization disorder, 122, 123, 124, 126, 127-28
- South Africa, 88
- Southeast Asian refugees, 119-20, 121-22, 217
- Spiegel, David, 43-44, 46-47
- Spiegel, Herbert, 25, 62
- Spiegel, John, 25, 36
- Stark, Evan, 134
- Stereotypes, 113, 175, 199
- Stone, Michael, 196
- Stress, 36, 39, 156, 160; recurrence of symptoms under, 212; and resolution of trauma, 212. *See also* Stress disorder, post-traumatic
- Stress disorder, post-traumatic, 36, 87, 134, 156; acceptance of concept of, 28; and adolescent soldiers, 60-61; and captivity, 87, 95; and chronic trauma, 86; and combat exposure, definitive linking of, 27; "complex," 119-20, 121-22, 138; and constriction, 42-43, 45; diagnosis of, 22, 116, 119, 158-59; and the dialectic of trauma, 47, 49; and dose-response curves, 57; and faith, 55-56; and flooding techniques, 181-87; and fragmentation, 34-35; and guilt, 68; heterogeneity of, Kolb on, 119-20; and hyperarousal, 35-36; and intrusion, 42; and mourning, 189; need for an expanded concept of, 119-20; and pain perception, 44; pharmacological treatment of, 161; and psychophysiological changes, 36-37; and rape, 32, 57-58; and remembrance stage, 181-83, 187; and resolution of trauma, 212; and restoring control, 160; and safety, 161, 162, 173; and sense of self, 54; and social support, 63-64; and traumatic countertransference, 141, 146; and truth, 87**
- Sublimation, 153**
- Substance abuse, 78, 109, 123-24, 161, 166, 173, 203. See also Alcoholism; Drug abuse**
- Suicide, 50, 95, 123; and captivity, 85; and child abuse, 109-10; and mourning, 193-94; and safety, 166, 173; and traumatic transference, 139**
- Support system, 147, 151-54, 160, 162**
- Suppression, 87, 101**
- Surveillance, 80, 100**
- Survivor mission, 207-11**
- Symonds, Martin, 92, 134**
- Symptom(s): and child abuse, 96; charting of, with daily logs, 160; of complex post-traumatic stress disorder, 121; constrictive, 45-46, 48-50; of depression, 94; and dialectic of trauma, 47-48; enlightenment regarding meaning of, 135-36; hyperarousal, 35-42, 86, 94, 100, 157, 161, 183, 233-34; hysterical, 11, 21; "profiles," 180; psychosomatic, 86, 96, 110, 115, 119-20, 122, 124, 139, 183, 187; after rape, 31; revival of, 48; and secrecy, 1**
- Tanay, Emmanuel, 119-20, 139
- Terr, Lenore, 38, 46-47, 57, 120
- Terrorism, 76, 78, 141-42
- Testimony method, 181-82, 231
- Therapeutic alliance, 127, 136, 169; and medication, 161; and naming the problem, 157-58; and reconnection, 205; and remembrance and mourning, 175-76; and role of a rescuer, 142-43; and safety, 174**
- Time sense, 43, 89, 195**
- Timerman, Jacobo, 84-85, 93**
- Totalitarianism, 76, 92, 93-94, 98, 121**

- Trance states, 87, 88, 89, 101-2
- Tranquilizers, 161
- Transference, 135; counter-, 140-47, 149; traumatic, 136-40
- Traumatic Neurosis of War, The* (Kardiner), 24, 35, 241n6, n8, 243n52, 243n58, 244n65, 258n3, n8, 245n18
- Trust, 51-52, 92-93, 110, 133, 138, 148-49; and child abuse, 96, 101; Erikson on, 153-54; and faith, 54-55; and group models, 231-32; and intimacy, regulation of, 56; and reconnection, 205; and safety, 160, 162, 174; and social support, 61; and stages of recovery, 156; and therapist's support system, 151, 153-54; and traumatic countertransference, 141
- Truth, 1, 208; and consciousness-raising, 28-29; and reconstructing stories, 181; and therapy contract, 148
- Type I and II traumatic syndromes (Terr), 120
- United States Army, 61
- Universality, 215, 231
- Veterans, 2-3, 20-28, 155, 156; and commonality, 215, 216; and group models, 231; recognition of, 70-71; and reconnection, 208; and re-creating aspects of war experience in civilian life, 40-41; and sense of self, 53; and social judgment, 66-67; standard treatment of acute trauma in, 165-66; and survivor guilt, 54; and traumatic countertransference, 144; Woolf's portrait of, 49, 52. *See also* Combat neurosis; Stress disorder, post-traumatic; Vietnam War veterans; World War I veterans; World War II veterans
- Veterans' Administration, 23, 27, 181
- Victimization, psychological effects of, 32-33, 75
- Vietnam War veterans, 26-28, 134, 137-38; and atrocities, 54, 59; and community, role of, 70, 71; and dose-response curves, 57; and intrusion, 38; and issue of judgment, 66-67; Kolb on, 36, 119; Lifton on, 26-27, 38, 45, 52, 199-200; and loss of faith after war, 54-55; public criticism of, 71; and rap groups, 26-27, 28-29, 199-200; and sense of self, 53, 54; Shatan on, 26-27, 69-70; and substance abuse, 44; and suicide, 50; and transference, 137-38; and uncontrolled aggression, 64; who did not develop post-traumatic stress disorder, 59-60; and the Vietnam War Memorial, 71
- Vindication of the Rights of Women, A* (Wollstonecraft), 19
- Walker, John, 216
- Walker, Lenore, 32, 73-74, 76-77, 79
- Wiesel, Eli, 83-84, 94
- Wilderness trips, 198, 199
- Witchcraft, 15
- Wolfe, Jessica, 148, 177
- Wollstonecraft, Mary, 19
- Women's Rights* (Wollstonecraft), 19
- Woolf, Virginia, 32, 49, 52
- World War I veterans, 20-24, 35-36, 38, 70
- World War II veterans, 24-26, 87; and construction, 43; and revival of symptoms, 48; and social support, 62
- Yalom, Irvin, 123, 215, 216
- Yealland, Lewis, 21
- Yom Kippur, 79
- Ziegenmayer, Nancy, 56, 162-63
- Ziegler, Patricia, 149