

SUMMARY

Introduction	7
CHAPTER 1 - THE GREATEST VIOLENCE: BLOCKADE	9
- Its Origins	9
- Blockade Consequences	10
- Double Blockade and Special Period	10
- Impact on Daily Life	10
- Women's Employment: Breaking Myths	11
- Women's Strength Today	12
- In Figures	14
CHAPTER 2 - THE COMMUNITY: THE HEART OF FMC	16
- Education: For Deploying Protagonism	17
- The Right to an Honorable Life	19
- With the Revolution	19
- The First Steps	19
- Consolidation	20
- FMC Social Workers	20
- FMC Priorities	20
- To Let Life Grow	21
- Preventing Rather than Curing	22
- Female Protagonism	23
- More Equal than Different	23
- Careful Attention	24
CHAPTER 3 - FMC: FROM AND FOR WOMEN	26
- Women's Time (Interview to Vilma Espín, President of FMC)	27
Bibliography	31