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IN EVERY COMMUNITY across Canada, many young women (and some young men) have been abused by their partner in their dating relationship. These teens say they feel alone, afraid and don't know who to talk to. Some are blamed for the abuse – others blame themselves.

It's hard to know what to do about abuse. Understanding more about how abuse happens and how to find help can break the cycle of violence. This photo-novella tells the story of a group of friends and how dating violence affects their lives.

